

Saturday

27. 7. 2024

Hour	M35-45	M50-55	M60-65	M70-80+	W35	W40-45	W50-55	W60-65	W70-80+
9:20	5 000 m	5 000 m	5 000 m	5 000 m					
10:00		Discus			5 000 m	5 000 m	5 000 m	5 000 m	5 000 m
					Hammer	Hammer			
					High	High			
10:30					Pole Vault	Pole Vault	Pole Vault	Pole Vault	
11:00					1 500 m	1 500 m	1 500 m	1 500 m	1 500 m
11:15	1 500 m	1 500 m	1 500 m	1 500 m					
11:30	Discus						Hammer	Hammer	Hammer
12:00			Pole Vault				High	High	High
					100m Hs.				
12:10		100 m Hs.							
12:20			100 m Hs.						
12:30						80 m Hs.			
					Discus	Discus			
12:40				80 m Hs.			80 m Hs.		
12:50								80 m Hs.	80 m Hs.

Hour	M35-45	M50-55	M60-65	M70-80+	W35	W40-45	W50-55	W60-65	W70-80+
13:00	110 m Hs.								
	Javelin								
13:15					400 m	400 m	400 m	400 m	400 m
					Triple	Triple			
13:40	400 m	400 m	400 m	400 m			Discus	Discus	
14:00	Pole Vault	Pole Vault							
		Hammer							
14:15			Javelin				Triple	Triple	Triple
14:30					400 m Hs.	400 m Hs.	300 m Hs.	300 m Hs.	200 m Hs.
14:45									Discus
15:00					100 m Final	100 m Final	100 m Final	100 m Final	100 m Final
15:30	100 m Final	100 m Final	100 m Final	100 m Final					
	Triple	Triple							
	Hammer								
16:00	400 m Hs.	400 m Hs.	300 m Hs.	300/200 m Hs.	Javelin	Javelin			
17:00	3 000 m st.	3 000 m st.	Triple	Triple					
17:20			2 000 m st.	2 000 m st.					
17:40				Hammer	2 000 m st.	2 000 m st.	2 000 m st.	2 000 m st.	2 000 m st.
							Javelin	Javelin	Javelin

Hour	M35-45	M50-55	M60-65	M70-80+	W35	W40-45	W50-55	W60-65	W70-80+
18:00	5 000 m Track Race Walk	5 000 m Track Race Walk	5 000 m Track Race Walk	5 000 m Track Race Walk					
			Hammer						
18:40					5 000 m Track Race Walk	5 000 m Track Race Walk	5 000 m Track Race Walk	5 000 m Track Race Walk	5 000 m Track Race Walk
19:30					4 x 100 m	4 x 100 m	4 x 100 m	4 x 100 m	4 x 100 m
19:45	4 x 100 m	4 x 100 m	4 x 100 m	4 x 100 m					

Sunday

28. 7. 2024

Hour	M35-45	M50-55	M60-65	M70-80+	W35-45	W50-65	W70-80+
9:20	Half marathon	Half marathon	Half marathon	Half marathon	Half marathon	Half marathon	Half marathon
	Shot Put		Weight	Discus			
10:00	Long						
11:00		Long	High	High			
		Weight					
11:30				Javelin			
12:00	200 m	200 m	200 m	200 m	Long		
			Shot Put			Weight	Weight
12:30					200 m	200 m	200 m

Hour	M35-45	M50-55	M60-65	M70-80+	W35-45	W50-65	W70-80+
					Shot Put		
13:00	Weight	High	Long	Long	800 m	800 m	
		Javelin					
14:00	800 m	800 m	800 m			Long	Long
14:30	High	Shot Put	Discus	Weight			
15:00	10 km Road Walk	10 km Road Walk	10 km Road Walk	10 km Road Walk	10 km Road Walk	10 km Road Walk	10 km Road Walk
15:30					4 x 400 m	4 x 400 m	4 x 400 m
					Weight	Shot Put	
16:00	4 x 400 m	4 x 400 m	4 x 400 m	4 x 400 m			